The next Flapjack Saturday Community Fundraiser and breakfast with Santa sponsored by the First Baptist Church of Penfield (FBP) is Saturday, December 14 from 8:00 to 10:00AM at 1862 Penfield Road. FBP invites you for delicious pancakes, pure maple syrup, scrambled eggs, sausage, and more…all for just $6.00 per person. All December breakfast proceeds will directly support the Open Door Mission—a Christian Rescue Mission founded on the belief that with proper resources, hope can be restored and lives of impoverished men, women, and children of Rochester/Monroe County can be forever changed. Fellowship Hall is handicapped accessible and the breakfast is outstanding! For more information and details, please go to www.fbpenfield.org.

Wisdom at its finest hour…the new lineup of Daytime Education at Recreation (DEAR) programs features an exciting offering of classes and lectures for lifetime learners interested in engaging in intellectual, socially viable cognitive activities to help keep their minds sharp and alert while reducing the risk or delaying the onset of age-related concerns. DEAR at the Penfield Community Center has become an important staple to adults who understand the significance of this idea and would like to reshape the way they spend leisure time while meeting new and interesting people along the way. Come join the national movement to learn and share life experience with others, exploring the multitude of FREE programs available. PLEASE NOTE THAT MOST CLASSES ARE FREE BUT REGISTRATION ISREQUIRED! For a complete listing of programs please visit www.penfieldrec.org and click on the PDF.

I have been asked to share this important “Winter Reminder” from RG&E: Keep vents and gas meters clear of snow and ice as blocked vents, meters and regulators can pose safety hazards. Snow, ice and other debris can block exhaust vents for furnaces, water heaters and similar appliances, potentially causing toxic fumes and poisonous carbon monoxide to build up indoors. Furthermore, snow and ice accumulated around natural gas meters and regulators can prevent gas company personnel and first-responders from locating and accessing them during an emergency.

Customers should note the location of outdoor vents, including sidewall vents, as well as meters and regulators to make sure they remain clear and accessible. After any storm passes, snow and debris should be removed gently by hand or with a broom to avoid damage. Customers should also be alert to potential ice build-up on rooftops and gutters. Falling ice and snow can damage utility meters and regulators.

To report emergencies: Call RG&E at 1.800.743.1702 to report gas leaks, odors or damaged gas equipment. If you suspect a leak, get up and get out, leave the area or building and call from a safe place. If there’s an immediate danger, call 911.

Reminder…the December scenic trek sponsored by the Penfield Trails Committee will take place on Saturday, December 14 from 10:00 AM to 12:00 PM at the Thousand Acre Swamp. Meet at the rear of the Penfield Volunteer Emergency Ambulance Building on Jackson Road and look for the hike signs.

The Town Employee’s Wellness Committee asked that I remind the community of ways to “beat holiday stress.” If the thought of upcoming holidays fill you with dread, you are not alone. Many People get stretched pretty thin this time of year by money and social obligations. In the coming weeks we will share a few ways to keep your sleigh on track this season. Set realistic expectations — things aren’t going to go.

supervisor@penfield.org 585.340.8630 www.penfield.org
perfectly and that’s okay. You can’t control every outcome, but you can prepare yourself mentally by visualizing your calm, positive response to negative events. Get moving – it’s not the chores like shopping, and Uncle Stanley’s visit that’s stressing you out – it’s your anticipation of them! Act now by creating a to-do list, and tackle one or two items per week through the holidays. And finally, budget your holiday expenditures – set per person limits on gift giving and stick to them. Don’t overlook special outlays for travel, decorations, food and entertainment.

Until next be well and be safe…winter weather looks like it is here to stay! Please remember that winter parking rules are in effect now through Wednesday, April 1. This means NO PARKING is allowed on any roadway in Penfield from 2:00 AM to 7:00 AM to allow our DPW crews to safely and effectively plow and salt roadways. Thank you in advance for observing these rules!

Tony

supervisor@penfield.org