Town of Penfield Supervisor’s Column  
December 3, 2018

The Winter/Spring 2019 Pen-Rec Brochure should have hit mailboxes over the weekend or will early this week, and the online version is now available at [www.penfieldrec.org](http://www.penfieldrec.org). Program registration begins January 2, so don’t miss out on signing up for your favorite programs!

Wisdom at its finest hour…the new lineup of Daytime Education at Recreation (DEAR) programs presents an exciting offering of classes and lectures for lifetime learners. Engaging in intellectual, socially viable cognitive activities to help keep minds sharp and alert while reducing the risk or delaying the onset of age-related concerns. DEAR at the Penfield Community Center has become an important staple for adults who understand the significance of this concept and would like to reshape the way they spend their leisure time while meeting new and interesting people. Come join the national movement to learn and share life experience with others, exploring the multitude of FREE programs available. PLEASE NOTE MOST CLASSES ARE FREE BUT REGISTRATION IS REQUIRED! For a complete listing of programs please review pages 36-42 in the Winter/Spring 2019 Pen-Rec brochure or go to [www.penfieldrec.org](http://www.penfieldrec.org) and click on the PDF.

Did you know that the Penfield Public Library, located at 1985 Baird Road, is a “Safe Place” community partner? Young people seeking assistance with housing, safety, or other crisis situations will be connected at the library with outreach workers from the Center for Youth who will assess the needs of the young person in question and access necessary services.

Adults 55+...come join Pen-Rec for lunch every Tuesday at the Community Center for only $4.00—this is no ordinary lunch! Menus are carefully selected and cooked on the premises that day using the freshest ingredients. We also partner with wonderful organizations like Legacy at Willow Pond to provide lunches. Lunch tickets must be purchased 24 hours in advance as we shop the morning of the lunch. Menus for “Tuesday Lunch” are available at the community center and online at [www.penfieldrec.org](http://www.penfieldrec.org). Here’s are samples from the lunch menu: Grilled Chicken Provolone with pesto and sundried tomato spread topped with baby spinach, blueberry cucumber salad; individual pizzas topped with smoked mozzarella and roasted vegetables; warm pasta bruschetta salad with balsamic glaze and fresh basil; marinated pork tenderloin sandwich on French bread topped with a crunchy Asian coleslaw and mustard chive sauce. Where else can you go for an amazing $4.00 lunch?

SportsNet is a service for residents with disabilities in partnership with CP Rochester, Rochester Rehabilitation, and the AI Sigl Community of Agencies. This partnership enhances SportsNet’s offerings and provides a greater selection of fitness, adaptive sports, and inclusive recreation opportunities to individuals with disabilities. For more info, call the SportsNet office at 334-6000 ext.1120.

Penfield Television has been an integral part of the Public, Education, and Government Access network for more than 33 years. It serves the Penfield Community with a broadcast signal through Spectrum Cable, channels 1301 and 1303, high definition web stream at penfieldTV.org, and through ROKU. Penfield TV broadcasts LIVE proceedings of Town, Planning, and Zoning Board of Appeals meetings, along with informational meetings and public hearings. Additionally, school district, county, state, and national programs are also submitted for broadcast. Board meetings and other local programs are made available on-demand through YouTube, Vimeo, and ROKU under channel “Penfield Television.” Please tune in to see what is going on in your community!

I was recently reminded of the upcoming annual “Wings of Light Luminaria” and open house at the Shepherd Home, 1959 Five Mile Line Road. The Shepherd Home is a two-bedroom home that operates under the hospice philosophy, providing 24-hour care for the terminally ill in a residential setting. Please join Shepherd Home Executive Director Ashley Tack, the Board of Directors, and many of the amazing volunteers for an evening of remembrance on Monday,
December 10, 5:00 to 7:00 PM. Remember your loved ones or honor other angels by ordering your luminaria online at www.shepherdhome.org. They will be lighting and displaying luminaries on the grounds of the Shepherd Home; refreshments will be served and everyone is welcome.

As we head into the first full week of December, let us not forget National Pearl Harbor Remembrance Day this Friday. Each year on December 7, Pearl Harbor survivors, veterans, and visitors from all over the world come together to honor and remember the 2,403 service members and civilians who were killed during the Japanese attack on Pearl Harbor, Hawaii on December 7, 1941. Also, 1,178 people were injured in the attack that permanently sank two U.S. Navy battleships (the USS Arizona and the USS Utah) and destroyed 188 aircraft. The flag should be flown at half-mast to honor those who died in the attack on Pearl Harbor.

Until next week…be well and be safe!

Tony

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