Town of Penfield Supervisor’s Column
August 26, 2019

Tomorrow, August 27, is the final Tuesday night concert of the season. Bring the whole family to enjoy an evening with Mike Kornrich. The program begins at 6:30 PM at the Penfield Amphitheater on the Kiwanis Stage, located behind the Town Hall. Food will be available for purchase. I hope to see you there!

Another FREE electronics recycling event has just been announced! Senator Pam Helming, Assemblyman Mark Johns, and Assemblyman Brian Manktelow are holding an electronics recycling event on Saturday, September 14, 9:00 AM–12:00 PM at Xerox, Webster. Take Phillips Road to Caracus Drive and look for the signs. Please note that each vehicle is limited to 2 CRTs/TVs with no exceptions. Visit www.sunking.com/business/acceptable-materials for more information.

On behalf of the Penfield Ecumenical Food Shelf (PEFS), I would like encourage families, businesses, neighborhoods, and teams in our community to adopt-a-shelf this fall. Help keep their pantry stocked with wholesome foods. Your group can make a difference in Penfield. For more information on what is currently needed at PEFS, go to www.penfieldecumenicalfoodshelf.org or contact volunteers at penfieldfoodshelf@gmail.com or 234-0799.

WANTED...chefs, culinarians, hash slingers, or chief cooks and bottle washers to participate in the annual chili cook-off at Tastin’ the Blues on Saturday, September 14, starting at 12:00 PM. Come show off your culinary skills with your favorite chili recipe. There are prizes for first, second, and third place in both the “people’s choice” and the “judged” categories. The entry fee is $30.00 and each entry will receive a $20.00 Wegmans gift card. All entries are due to the Penfield Recreation Department by September 9.

Stay informed with Penfield Recreation E-News! Once a week you can receive the latest news and updates from Penfield Recreation. Learn about new programs and upcoming events—be the first to know what’s new! Sign up for this newsletter at www.penfieldrec.org.

Residents of Penfield with disabilities may be interested in SportsNet, a program that provides recreation, fitness, and sports opportunities for people with physical disabilities. For more information please call the SportsNet office at 334-6000, ext. 1120.

I am reminded by our Penfield Recreation team that our facilities, programs, and services continually strive to meet ADA guidelines. If you have any special needs, please let them know by calling the office at 340-8655.

The Sea Dragons are welcoming new swimmers to experience the world of competitive swimming for two weeks at no cost! Come practice with the team and develop as a swimmer for two FREE weeks of swim training from September 8 to 22 at the Penfield High School and East Rochester Central School pools. This program is for ages 6 to 19. If your child loves swimming come try it out. Learn more details at www.seadragons.org.

Nels Carman Big Band Nights with the Penfield Rotary Band are held the first Tuesday of each month at the Penfield Community Center Gym. The band performs favorite big band sounds for your dancing and listening pleasure from 7:30 to 9:30 PM each night. Mark your calendars for September 3, October 1, November 5, and December 3, and bring your dancing shoes! The event costs just $2.00 at the door.

This coming weekend is the Labor Day holiday. Many individuals and families are planning a long weekend of activities and cookouts as this holiday is seen as the last week of summer—vacations are ending and school is about to begin. It is important that we not forget what the day stands for; the original holiday was meant to handle a problem of long working hours and no time off. Labor Day pays tribute to the contributions and achievements of American workers. It was created by the labor movement in the late 19th century and became a federal holiday in 1894. Labor Day honors the American labor movement and the contributions that workers have made to the strength, prosperity, laws and well-being of the country.

If you seem to be working all the time and never really take a vacation, start a new ritual that honors the original spirit of Labor Day. Give yourself the day off, don’t go in to work, shut off your phone, computer, and other electronic devices connecting you to your daily grind. Then go to a barbecue like the original participants did over a century ago and celebrate having at least one day off from work during the year!
Until next week...this is week three of our town employees’ five-week hydration challenge that runs to September 15. Hopefully you are joining in as well! This activity is designed to encourage you to drink at least eight glasses of water per day. Despite knowing that water is necessary for health and well-being, 75 percent of Americans are chronically dehydrated.

Tony

supervisor@penfield.org