Town of Penfield Supervisor’s Column
May 28, 2019

Last week I had the honor of joining the Penfield Business Chamber for a ribbon-cutting ceremony to mark the official opening of Perform Athletix Crossfit ATX located behind Panorama Plaza at 1601 Penfield Road. Their goal and mission is to provide a fun and exciting health and wellness experience to people from all walks of life. They use a functional fitness methodology and teach correct movements to improve their clients’ fitness and quality of life.

Crossfit is an intense, constantly varied program that uses compound functional movements from gymnastics, weightlifting, cardio, and odd object lifting to produce lasting fitness results. Many fitness goals, from strengthening to weight loss, can be achieved with this fun program.

Stop in and meet owner Chris Mandrino and his entire team to learn more about Crossfit and their other programs including HIIT Fit, Kids/Teen Fit, personal training, and nutrition support. Visit www.performathletix.com for more information.

Yesterday was a beautiful day for the annual Memorial Day Ceremony of Remembrance. This very moving event, featuring the somber parade of roses to the Veterans Memorial, becomes more popular each year. I would like to recognize and thank the following groups and individuals for making this program one of the most moving I have ever attended: Boy Scout Troop 312; Penfield High School Students for the National Anthem; the Penfield Pops Band and conductor Ken Scott; Rev. Steven Brotzman of the First Baptist Church of Penfield; essay winners Shreya Bhattacharya, Lauren Salvador, and Teaghan O’Donnell; and guest speaker Nick Stefanovic, Director of the Monroe County Veterans Service Agency, who delivered a very powerful speech about his service in the Marine Corps and multiple tours overseas.

I would also like to recognize the Penfield Recreation Department, and especially Sabrina Renner, for coordinating this event. The ceremony was filmed by PCTV and will soon be available online so residents who missed the event may view the ceremony. From its Civil War origins to its modern day traditions, this is America’s most solemn holiday!

Senator Rich Funke held his annual 55+ Senior Health & Fitness Fun Fair in partnership with the Eastside Family YMCA last week. This year’s event had the highest attendance in all the years to date. Guests participated in many fitness programs and gathered beneficial health and wellness information from the many vendors. All material and presentations were geared towards having a positive impact on health and quality of life. Thank you, Senator Funke, for sponsoring this annual event; it does make a difference in our community. "Be Active, Be Well, Enjoy Life!"

The Penfield Public Library will once again be offering the children’s Summer Reading Game. This year’s theme is “A Universe of Stories.” They are offering early registration for those who would like to pick up summer reading game materials in June for children entering kindergarten through sixth grade. Please note that a child MUST be present to register. You may register at the following dates and times: Tuesday, June 11, 4:30-6:30 PM; Thursday, June 13, 4:30-6:30 PM; Monday, June 17, 5:00-7:00 PM; Wednesday, June 19, 6:00-8:00 PM; and Friday, June 21, 3:30-5:30 PM. The reading game begins Monday, June 24 and runs through Wednesday, July 31. For more details, please refer to page 43 of the PenRec brochure, summer 2019 edition or go to www.penfieldlibrary.org.

Reminder...the annual Dayton’s Corners School pie social will be held this coming Sunday, June 2, from 2:00-4:00 PM at the corner of Plank Road and Creek Street. The event will include tours of the one-room school house, pony rides for children, and of course...pies from Baker Street Bakery! This is always a wonderful event and open to the entire community. Come join in on the fun, I hope to see you there.

Until next week, stay dry...hopefully summer weather is just around the corner!

Tony

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