Town of Penfield Supervisor’s Column
May 22, 2017

It is hard to believe that Memorial Day is next week. I invite everyone to the annual Ceremony of Remembrance on Monday, May 29 at 10:30 AM at Veterans Memorial Park located behind the town hall. Consider placing a rose in memory of a deceased veteran in our “procession of roses.” To make arrangements for a rose, please contact Sabrina at 340-8651 or srenner@penfield.org.

Mark your calendar for the annual Music & Food Rodeo on Friday, June 2 at the Penfield Amphitheater & Kiwanis Stage. Penfield schools performing groups include the Bay Trail 7th Grade Orchestra, Penfield High School Jazz Democracy, Penfield High School Monday-Wednesday Jazz Ensemble, Penfield High School Concert Band, and the Penfield High School Wind Ensemble. This event runs from 4:30 to 8:00 PM. Food truck windows open at 4:30 PM with the following on hand to serve up their tastiest treats: Cheesed and Confused, The Meat Ball Truck Co, Sonny’s Landing – Eat Greek, Smoothies Plus, Tony Tomatoes, Macarollin, Abbott’s, and The Dough Boys. I hope to see you there, it is always a wonderful evening of music and food!

During our recent “spring drop-off” many residents asked about plans for the annual household hazardous waste (HHW) drop-off that is normally held in the spring. The good news is you did not miss it! The County of Monroe changed the date to Saturday, September 16. As you may recall, we share and alternate hosting this event with Webster. This year it is Webster’s turn to host at their DPW. As we get closer to the date we will share more details in the Pen-Rec brochure, on our website, and through this column.

A message on the health benefits of walking from the Town Employee’s Wellness team: Walking strengthens your heart and it reduces your risk of heart disease and stroke. The Strobe Association says that a brisk 30-minute walk every day helps to prevent and control high blood pressure that can cause strokes, reducing the risk by up to 27 percent. Track your steps with a pedometer, smart phone app or wrist-band tracking device. The ideal goal is to try to attain 10,000+ steps each day. It is a wonderful time of the year to get out and walk in one of our many parks and trails across this great community—not only are there some great things to see, you will achieve your daily steps.

The annual Penfield Rabies Vaccination Clinic will be held on Saturday, June 3 from 10:00 AM to noon at the Penfield Sewer Operations Center, 1595 Jackson Road (DPW complex). Dogs must be leashed and cats in carriers. All pets must be at least three months of age. For more information please contact Animal Services at 340-8616. This FREE clinic is courtesy of the Town of Penfield and the Monroe County Health Department.

This past weekend Linda Kohl, town board member and deputy supervisor, attended an Eagle Scout Court of Honor for David P. Brown and Eric A. Hettel. For their projects, David made repairs and upgrades to St. Jerome’s church in East Rochester, and Eric improved and enhanced trail conditions in the Thousand Acre Swamp sanctuary. On behalf of the town board and the entire community of Penfield I would like to congratulate David and Eric on becoming the newest Eagle Scouts in Troop 312.

Until next week enjoy the spring weather!

Tony
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