Town of Penfield Supervisor’s Column

January 6, 2020

Happy New Year!

If you still have a live Christmas tree to dispose of, tree recycling is underway at the DPW facility, 1607 Jackson Road. All trees will be ground up and made part of the free mulch pile available at the town hall from early spring until we run out of material for the year. Thank you in advance for not sending your tree to the landfill.

The Penfield Town Board appointed Robert “Bob” Ockenden to fill an open board position as its Organizational Meeting on January 2. With this appointment, Ockenden will complete the term of Paula Metzler, who was elected to the position of Penfield Town Justice in 2019.

Bob has served as the district administrator for the Pittsford Fire District for the past 19 years; prior to that, he served as station manager. Bob also worked for the City of Rochester as a 911 Center emergency dispatcher and for the Pittsford Fire Equipment Corporation as a sales representative and repair technician. Additionally, he has been active with the Penfield Fire District as a volunteer for more than 37 years.

Bob is a fourth generation Penfield family member, he knows our community well and brings a wealth of knowledge to the position. As a fire district administrator, he is experienced with municipal operations as well as managing and budgeting tax revenue. Bob is required to run in the 2020 election to complete the four-year term on the Penfield Town Board. He will also need to run for the new four-year term in 2021... please join me in welcoming Bob to the town board.

Not into skiing or other winter outdoor activities? Do you love the water? Why not splash into family open swim and lap swim at the Penfield High School Pool & Aquatics Center? Come and play, swim and exercise while enjoying the spacious pool divided to suit your needs. The shallow end features a 4x4 “tot” dock for the little ones, the deep end is used for water-walking or play, and two lanes are dedicated to lap swimming. Swimmers who pass the deep end test can also enjoy the one-meter boards in the diving well. February break week: Tuesday & Thursday February 18 and 20, 2:00–4:00 PM. Winter Fridays: January 17, 24, & 31; February 7, 28; and March 6, all 7:30 – 9:00 PM. The fee is $2.00 per person—pay at the pool or purchase a winter/spring family pass for $40.00 which allows up to four swimmers entry to family swim for the entire winter/spring season. Passes are available for purchase at the Penfield Recreation office or at the pool.

Last reminder...the next scenic trek hosted by the Trails Committee is scheduled for this coming Saturday (January 11) from 10:00 AM – 12:00 PM at Ellison Park. Meet at the north side of the parking lot off Blossom Road and look for the hike signs. No pets please...and wear appropriate footwear (hiking boots/shoes) for occasional steep terrain and slippery conditions. While all hikes are FREE, you are encouraged to pre-register by calling Penfield Recreation at 340-8655, option 0.

The next Flapjack Saturday Community Fundraiser and breakfast sponsored by the First Baptist Church of Penfield (FBP) will be held Saturday, January 18, 8:00–10:00 AM at 1862 Penfield Road. FBP invites you for delicious pancakes, pure maple syrup, scrambled eggs, sausage, and more...all for just $6.00 per person. All January breakfast proceeds will go directly to help support Cameron Community Ministries: their mission is to provide hope to the community through emergency services, engagement, education and empowerment, offering after-school and summer programs, meals, an emergency pantry, and a clothing house. For more information and details, please visit www.fbpenfield.org.

Until next week...are you looking to get healthier or maintain your good habits? Then “National Take the Stairs Day” on January 8 is for you! The primary goal of this special day is to encourage all of us to improve our health by leaving
the elevator behind and walking up the stairs. Walking up and down stairs, instead of using of the elevator or escalator, is a non-impact activity that most of us can do. Taking the stairs helps us tone our muscles, maintain or lose weight, and contribute to cardiovascular health. Most smartphones have an app that counts stairs. If you phone does not have it, you can download a stair counting app. Why not challenge yourself to make every Wednesday in 2020 “take the stairs day”?

Tony

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